

Welcome to what is probably a brand new experience for you. Homeopathy is unlike anything you have tried before. Often people assume that homeopathy is like naturopathy, herbal medicine, vitamin therapy or some other alternative healthcare system. Homeopathy is different than all these modalities.

Homeopathy is a therapeutic method that works by using a small dose of a substance to help stimulate the body's healing forces.

Homeopathy recognizes the intimate connection between the mind and body. Homeopathic therapy always takes into account the person's unique hereditary background, physical, and emotional aspects instead of isolated symptoms of the body. It then aims to strengthen the individual so that their own vital force, the body's innate intelligence, is stimulated by individualized homeopathic remedies to bring about balance and health.

Homeopathy is a psychological approach to treating disease. A primary assumption is that given the ripe hereditary background, if an emotional setback or imbalance could create or exacerbate an unhealthy physical condition, therefore, when these aspects are treated, physical health can return. One key concept in homeopathy is summed up in the phrase "Never Well Since." This refers to the experience, common in many people's lives, of a particular disturbing life event or an ongoing unhealthy situation during development, after which their emotional and/or physical well-being was significantly altered. Homeopathy is well suited for healing the underlying factors which derailed the person from the natural healthy course of their life.

Individuals seeking homeopathy often begin with symptoms such as depression, stress, anxiety, sleep disturbances, extreme fatigue, addictive behaviors, and a wide range of physical symptoms. Many children with hyperactivity or symptoms belonging to Autism Spectrum Disorder (ASD) may benefit from homeopathy to feel calmer and more in control of their habitual activities.

The principle of "the Law of Similars" or "like cures like" that was mentioned by Hippocrates two hundred years ago describes the core of homeopathy. Samuel Hahnemann, M.D. (1755-1843) of Germany founded this therapeutic method based on this law. Dr. Hahnemann proved that a substance that could cause symptoms in a healthy person can heal anyone experiencing the same symptoms with the same substance in micro doses prepared through a scientific process that dilutes the substance.

Homeopathy is a safe and effective system of healing, used by an estimated 500 million people worldwide. The World Health Organization cites homeopathy as the second most widely used form of therapy in the world and as one of the systems of healthcare that should be integrated worldwide with conventional medicine in order to provide adequate care.

Homeopathic remedies are used safely for people in all stages of life including infants, children, pregnant women and the elderly.

Two hundred years of clinical experience has demonstrated the effectiveness of these remedies. The remedies are prepared from substances such as plants, minerals, or other materials which are repeatedly diluted and shaken vigorously which results in leaving only the energetic imprint of the substance.

Because of the highly individualized approach to each person and his/her condition, a partnership between the homeopathic consultant and the patient is essential. I am committed to creating this partnership with every patient I work with.

Dr. VIVEK KESHARWANI

Dr. KESHARWANI'S HOLISTIC HOMEOPATHY CLINIC

(An ISO 9001:2008 CERTIFIED CLINIC)

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